

BAR *Sophia*

WOODFIRED FLATBREAD 12

TZATZIKI - YOGHURT, CUCUMBER, DILL 13

TYROKASTERI - SPICY FLORINA PEPPERS & FETA 14

TARAMA - WHIPPED COD ROE 15

OYSTER, SHALLOT VINEGAR 6EA

BUTTERFLIED KING PRAWN, TARAMA & THYME BUTTER 16EA

SAGANAKI FLATBREAD, HONEY, THYME 20

SHEFTALIES - PORK MEATBALLS, MINT, MUSTARD 22

BAR SOPHIA HALOUMI, LEMON, PAPRIKA 24

CURED OCEAN TROUT, ORANGE, FENNEL, SAUMAC 28

KALAMAKI - LODDON ESTATE CHICKEN, ZUCCHINI, HUMMUS, ALEPPO 29

PASTITSIO - ZITI PASTA, BEEF RAQU, BECHAMEL, KEFALOGRAVIERA 44

CORNER INLET ROCK FLATHEAD, BRAISED WINTER GREENS 46

BRAISED OVERNIGHT LAMB, RETSINA, OREGANO, OLIVE OIL 58

ROASTED POTATOES, OREGANO 16

GREEK SALAD 17

GOAT'S MILK YOGHURT, WOODFIRE QUINCE 15

CINNAMON DOUGHNUT, WALNUT, SALTED CARAMEL 16

**MIDDAY MEZZE 49PP TUES TO SAT
12PM TO 3PM**

CHEF'S CHOICE 79PP



AT BAR SOPHIA, EVERY DISH IS PREPARED EXCLUSIVELY IN OUR WOOD FIRED OVEN, SMOKE AND SALT
ALL OUR SEAFOOD IS PROUDLY SOURCED FROM AUSTRALIAN WATERS

WINE BY THE GLASS

BUBBLES

NV BELLUSI PROSECCO VENETO, ITA	17
2022 KARANIKA EXTRA BRUT 'AMYNDEON' MACEDONIA, GRE	26

RETSINA

GLS/CARAFE

NV RETSINA MALAMATINA THESSALONIKI, GRE	10/35
2024 PAPPAGIANNAKOS SAVATIANO 'RETSINA' ATTICA, GRE	13/46

WHITE

GLS/CARAFE

2024 TSIKRIKONIS 'SINGLE VINEYARD' ASSYRTIKO MACEDONIA, GRE	18/63
2024 GAIA 'MONOGRAPH' MOSCHOFILERO NEMEA, GRE	15/53
2022 PAPAGIANNAKOS 'OLD VINES' SAVATIANO ATTICA, GRE	17/60
2024 RANGE LIFE PINOT GRIGIO KING VALLEY, VIC	16/56
2023 TRAPEZE CHARDONNAY YARRA VALLEY, VIC	22/77

ROSE

GLS/CARAFE

2025 CHÂTEAU DES FERRAGES ROUMERY ROSÉ PROVENCE, FRA	18/63
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SKIN CONTACT

2023 GISMONDE 'PIETRE' FALANGHINA/MALVASIA CAMPANIA, ITA	19/67
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RED

GLS/CARAFE

2024 STELIOS KIMONIDES GRENACHE (CHILLED) HEATHCOTE, VIC	18/63
2024 PAULMARA ESTATE XINOMAVRO BAROSSA VALLEY, SA	15/53
2025 GEMBROOK HILL 'VILLAGE' PINOT NOIR YARRA VALLEY, VIC	19/67
2022 CASALE VECCHIO MONTEPULCIANO ABRUZZO, ITA	16/56
2021 GAIA AGIORGITIKO NEMEA, GRE	18/63
2022 CHARLES MELTON 'FATHER IN LAW' SHIRAZ BAROSSA VALLEY, SA	19/67
2018 KELESIDI NAOUSSA XINOMAVRO MACEDONIA, GRE	24/84