BAR Sophia

WOODFIRED FLATBREAD 12

TYROKAFTERI - SPICY FLORINA PEPPERS & FETA DIP 15

TARAMA - WHIPPED COD ROE DIP 15

OYSTER, SHALLOT VINEGAR 6EA

BUTTERFLIED KING PRAWN, THYME & LEMON BUTTER 16EA

FLATBREAD SAGANAKI, HONEY, THYME 22

HOUSEMADE HALOUMI, LEMON, PAPRIKA 23

SHEFTALIES - PORK MEATBALLS, MINT, MUSTARD 26

RAW YELLOWFIN TUNA, CAPERS, PICKLED GREEN CHILLI, CHIVES 29

GRILLED CORNER INLET CALAMARI, LEMON, OREGANO 30

KALAMAKI - LODDON ESTATE CHICKEN SKEWER, PEAS, WHITE BEANS, ROCKET 33

PASTITSIO - TUBULAR PASTA, BEEF RAGU, BECHAMEL, KEFALOGRAVIERA 44

FISH OF THE DAY, SPRING GREENS, LEEK, LEMON MP

300G O'CONNOR RUMP CAP, FLORINA PEPPERS, BABY ONIONS 54

BRAISED OVERNIGHT LAMB, RETSINA, OREGANO, TZATZIKI 58

ORGANIC VILLAGE SALAD 19

SPUD SISTERS ROASTED POTATOES, OREGANO 17

CHOCOLATE MOUSSE, ALMOND, ORANGE 17

WOODFIRE CAKE OF THE DAY 18

CINNAMON DOUGHNUT, WALNUT, SALTED CARAMEL 17

MIDDAY MEZZE 49PP TUES TO SAT
12PM TO 3PM

CHEF'S CHOICE 79PP
MIN 4 GUESTS



AT BAR SOPHIA, EVERY DISH IS PREPARED EXCLUSIVELY IN OUR WOOD FIRED OVEN, SMOKE AND SALT
ALL OUR SEAFOOD IS PROUDLY SOURCED FROM AUSTRALIAN WATERS

10% SURCHARGE APPLIES ON SUNDAYS & 15% SURCHARGE ON PUBLIC HOLIDAYS